

Yoga in the Park with Mayor Fields

Monday, September 20th

5:45 until 7:15PM

Harry Dunham Park

450 Somerville Road

Located on the lawn by the Pavilion & Bocce Ball Court

Free to Attend

All Abilities Are Welcome



Relieve your stress and energize your body and soul with a Hatha Yoga class led by **Reena Singhvi** of ReeVive Yoga Studio in Basking Ridge and Onyx Yoga Studio in Warren.

Please bring a yoga mat or towel. Water will be provided.

Any questions please email jfields@bernards.org