

**BERNARDS TOWNSHIP**  
**Municipal Alliance/ Youth Services Commission**  
**April 7, 2023**  
**Meeting Agenda**

**CALL TO ORDER**  
**ATTENDANCE SHEET/ROLL CALL**  
**PLEDGE OF ALLEGIANCE**  
**READING OF THE MISSION STATEMENT**  
**STAFF COMMENT**  
**MINUTE APPROVAL – March 7, 2023**

**Motion (1)**

**Motion (2)**

**PRESENTATION**

- a. Comfort Zone Camp – *Krista Collopy, Senior Regional Director*

**REPORTS**

- a. Somerset County Alliance Coordinator (*Ebeny Torres*)
- b. Youth Services Commission (*Monica Sprague*)
- c. Community Programs Coordinator (*Kaitlin Cartoccio*)

**AGENDA ITEMS**

- 1. Welcome New Member! *Csilla Csipak – Bernards Township Board of Education*
- 2. Twilight Challenge 2023 Discussion – *Sunday, June 4, 2023*
- 3. Youth Services Program Updates
  - a. *REACH (Ridge Education Action & Community Health)*
    - i. *Youth Summit Day – April 3<sup>rd</sup>*
  - b. *Viking Yoga*
  - c. *COPE (Creating Opportunities for Positive Emotions)*
- 4. Upcoming Programs – Save the Date!
  - a. QPR Suicide Prevention Training – April 26<sup>th</sup> 6:30-8:30 pm [Flyer](#)
  - b. Youth Mental Health First Aid – May 11<sup>th</sup> 9 am – 3 pm – CiC Hub, Bernardsville - [Flyer](#)
  - c. Mental Health First Aid – May 18<sup>th</sup> 9 am – 4:30 pm – BT Library, Basking Ridge – [Flyer](#)

**PUBLIC COMMENT**

**LOCAL EVENTS / MUNICIPAL ALLIANCE MEMBER COMMENT**

**ADJOURNMENT**

**Motion (1)**

**(2)**

## **Bernards Township Municipal Alliance Against Substance Abuse Mission Statement**

The mission of the Bernards Township Municipal Alliance Against Substance Abuse is to provide consultation, programs, training, and resources to members of the Bernards Township community with the goal of preventing and reducing the use of alcohol, tobacco, and other drugs.

### **Three goals of the Alliance: ESP!**

1. To **educate** about the damaging and addictive effects of alcohol, tobacco, and other drugs,
2. To **support** events & programs that provide healthy alternatives to substance abuse, and
3. To create a community wide **presence** in the identification of problems and in designing effective measurable solutions.

**The next Alliance meeting is May 2, 2023**