

BERNARDS TOWNSHIP
Municipal Alliance/ Youth Services Commission
February 7, 2023
Meeting Agenda

CALL TO ORDER
ATTENDANCE SHEET/ROLL CALL
PLEDGE OF ALLEGIANCE
READING OF THE MISSION STATEMENT
STAFF COMMENT

REPORTS

- a. Somerset County Alliance Coordinator (Ebeny Torres)
- b. Youth Services Commission (Antonieta Phelan)
- c. Community Programs Coordinator (Kaitlin Cartoccio)

AGENDA ITEMS

- 1. Youth Services Program Updates
 - a. *REACH (Ridge Education Action & Community Health)*
 - b. *Viking Yoga*
 - c. *COPE (Creating Opportunities for Positive Emotions)*
- 2. Program Recap
 - a. QPR Training – Suicide Prevention – Jan 18th (In-Person) Jan 24th (Virtual)
- 3. Upcoming Programs – Save the Date!
 - a. Race to be Human – Virtual Documentary & Panel Presentation – Feb 16th, 7 pm [Flyer](#)
 - b. QPR Suicide Prevention Training – Feb 22nd 6:30-8:30 pm [Flyer](#)
 - c. Love Shouldn't Hurt (Empower Somerset) – Feb 9th 6-7:30 pm [Flyer](#)
 - d. ACEs Training (Somerset County) Feb 15th 6-8 pm [Flyer](#)
 - e. Social Media, Gaming presentation Update
- 4. Twilight Challenge 2023 Discussion – Sunday, June 4, 2023

PUBLIC COMMENT

LOCAL EVENTS / MUNICIPAL ALLIANCE MEMBER COMMENT

ADJOURNMENT

- Motion (1)**
- (2)**

Bernards Township Municipal Alliance Against Substance Abuse Mission Statement

The mission of the Bernards Township Municipal Alliance Against Substance Abuse is to provide consultation, programs, training, and resources to members of the Bernards Township community with the goal of preventing and reducing the use of alcohol, tobacco, and other drugs.

Three goals of the Alliance: ESP!

- 1. To **educate** about the damaging and addictive effects of alcohol, tobacco, and other drugs,
- 2. To **support** events & programs that provide healthy alternatives to substance abuse, and

3. To create a community wide **presence** in the identification of problems and in designing effective measurable solutions.

**The next Alliance meeting is March 7, 2023 at Bernards Town Hall in
the Owen Conference Room (Normal meeting space)**